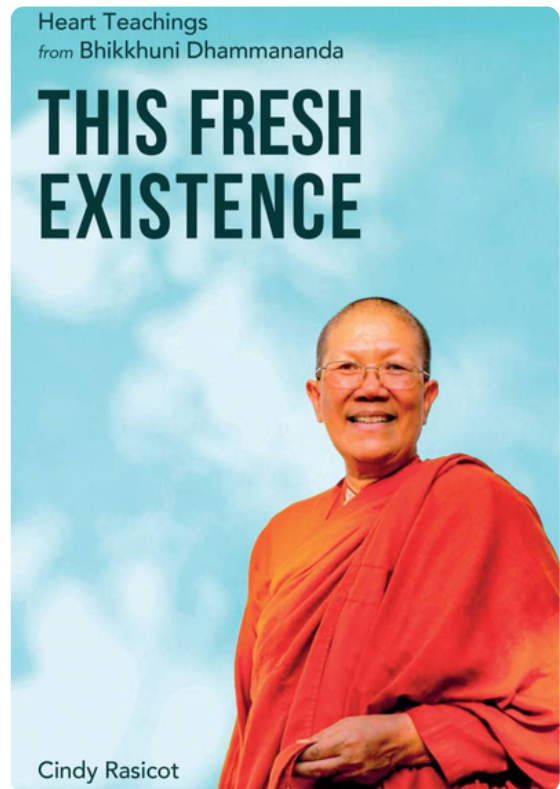


A MORNING AT WAT SONGDHAMMAKALYANI

with Venerable Dhammananda & Cindy Rasicot

Venerable Dhammananda Bhikkhuni is the abbess and spiritual leader of Wat Songdhammakalyani, an all-female monastery in Nakhon Pathom. Twenty years ago, Venerable Dhammananda was the first Thai woman to receive full ordination in the Theravada Buddhist tradition. Today, there are 270 ordained women in Thailand.

Cindy Rasicot is the author of *This Fresh Existence: Heart Teachings from Bhikkhuni Dhammananda*. She became Venerable Dhammananda's disciple in 2005. Cindy is also the award-winning author of *Finding Venerable Mother: A Daughter's Spiritual Quest to Thailand* published in May 2020.



SUNDAY, 16 NOVEMBER 2025

07:45 | Meet at Emporium Suites (BTS Phrom Phong, Exit 2)

09:45 | Arrive at Wat Songdhammakalyani, Nakhon Pathom

10:00-11:00 | Chanting and Dharma Talk

11:15-11:45 | Lunch

12:00-13:15 | Talk with Venerable Dhammananda and Temple Tour

13:15-c. 15:00 | Return to Bangkok (Emporium Suites)

Price: THB 500 (members), THB 600 (non-members)

Registration: nmvenglishguides@gmail.com

Further details will be shared upon registration